

## Out of hours contact numbers

Weekends and bank holidays (except Christmas Day & New Years Day) 09:00-17:00 please call:

**Weekend Intermediate Care Team: 0300 456 4622**

For any medical needs please call:

**Devon Doctors: 111**

People involved in your care:



Partners in Care



[www.torbayandsouthdevon.nhs.uk](http://www.torbayandsouthdevon.nhs.uk)



[www.facebook.com/torbayandsouthdevonft](http://www.facebook.com/torbayandsouthdevonft)



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This document can be available in other languages and formats. Please ask a member of the Intermediate Care Team

Torbay and South Devon   
NHS Foundation Trust

## Intermediate Care South Devon

### Newton Abbot Intermediate Care Team

**Hours of Service: Mon—Fri 8am– 6pm  
Sat / Sun & Bank Holidays 9-5pm**

#### Address:

**Albany Clinic  
Newton Abbot**

#### Mon—Fri :

Phone : 0300 500 40 42

#### Weekends & Bank Holidays

Phone : 0300 456 4622

*Working with you, for you.*

## What is Intermediate Care?

Intermediate Care is a service for people over the age of 18, who need a short period of rehabilitation, treatment or care.

This may be due to a recent illness, a hospital stay or a reduction in their ability to remain independent at home.

## Who might I see?

Our team includes:

- Nurses
- Physiotherapists
- Occupational Therapists
- Social care staff
- Support staff
- Team Co-ordinators

Your GP will still be responsible for your medical care

## What is our aim?

Our aim is to help you be as independent as you can be, supporting you safely in your own home wherever possible

## What do we do?

- Provide assessment
- Agree what is important to you
- Make a plan to meet your needs
- Work with you to carry out a rehabilitation programme

## What else can I expect?

We will discuss all of your needs with you and your family, taking into account your views and wishes.

If following assessment and discussion we feel that we are unable to support you safely at home we might recommend a short term placement in a care home. If this is the case you will be provided with further information

If we feel we can support you safely at home we may recommend equipment or some additional personal care. The team will formulate a support plan with you, and arrange the support required.

## What if I require care at home?

Additional personal care may be provided for 1-6 weeks based on service availability & eligibility criteria, to help you regain your independence. Charges will remain the same for any existing care services you receive

At the end of your episode of Intermediate Care, if you have longer term care needs and require on-going social care support, these services **may incur a charge.**

The team will offer you a finance and benefits assessment to support you with this if appropriate.

## Who do I contact if I have a concern or question?

If you or your family have any concerns, please discuss these with a member of the Intermediate Care Team or by calling the number on the front of this leaflet. If concerns arise out of hours please telephone one of the numbers on the back of this leaflet.